The background is a vibrant yellow-green. A large, light-colored, stylized number '1' is positioned behind the main title. Scattered throughout the background are numerous musical notes and stems of various sizes and orientations, creating a sense of movement and melody.

# HIGH NOTES

**2022 ANNUAL REPORT**



**VITAL LIFE**  
FOUNDATION



# TABLE of CONTENTS

Letter from the Board	3
Board of Directors	4
Financials	5
Highlights from 2022	6
Spirit Club Members	10
Vital Volunteers	15
Individual Donors	16
Corporate Donors	16

# HITTING THE HIGH NOTES TOGETHER

Think about your favorite musical group for a moment.

Individually, every member can demonstrate amazing virtuosity and talent. But it isn't until they combine their gifts that the most dazzling and unforgettable music is made—music that can alter your mood and elevate your perspective.

Now think about Vital Life.

It's only through the contributions of every person and organization, working in perfect harmony together toward our common goal, that the Foundation's magical moments and unforgettable High Notes were created in 2022.

- All time high—Donors pledged the most support ever at the 2022 Bridgetown Bash.
- Love to the lonely—On Valentine's Day, Vital Life volunteers shared more than 7,000 Cupid Crew roses with residents and patients in 62 senior care facilities in ten states.
- Back to the skies—With the limitations of the pandemic fading, Spirit of '45 returned in a big way to a full-scale, in-person community event, honoring and celebrating the sacrifice of all veterans.
- Loyalty and impact—Nearly \$125,000 was donated by employee payroll deductions through Spirit Club, along with more than \$25,000 in Vital Volunteer time and donations.
- Unwavering support—The Foundation never lost sight of the urgent needs of its charitable partners and causes, distributing \$594,049 in 2022.

High Notes—with your incredible help, Vital Life hit a lot of those last year. Working together with our donors, sponsors, charitable partners and friends, our mission and programs reached new heights.

And now, the post-pandemic momentum you've each helped reestablish is carrying the Foundation into a bright and beckoning future.

# BOARD OF DIRECTORS



**Angie Fogg**  
Chairperson



**Amy Drahota**  
Executive Director



**Guy Cowart**  
Director



**Kathy LeVee**  
Director



**Beth Biggs**  
Director



**Charles Bloom**  
Vice-Chair



**Laurie Thomas**  
Director



**Phil Fogg Jr.**  
Director



**Chris Fogg**  
Director



**Dale Glasser**  
Director



**Zack Fogg**  
Director



**Staci Tone**  
Treasurer



**Gabi Sanchez**  
Director



**Matt Dunnam**  
Director



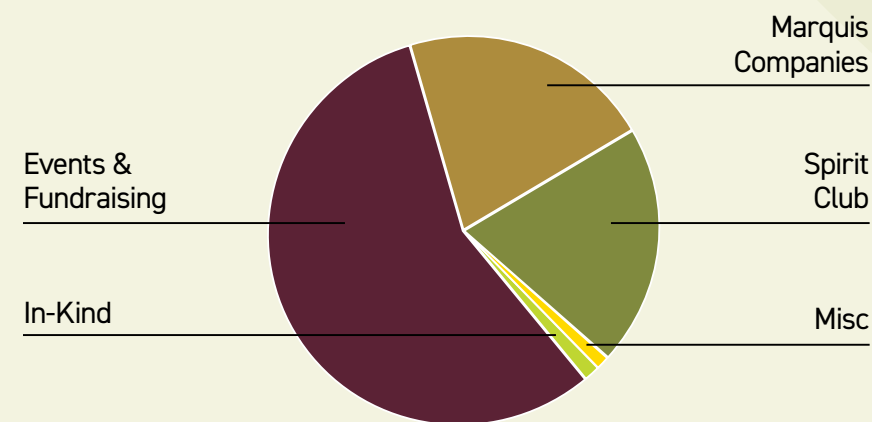
**Steve Fogg**  
Director



## REVENUE

Events & Fundraising	\$	834,035
Marquis Companies	\$	130,689
Spirit Club	\$	124,252
Miscellaneous	\$	3,003
In-Kind	\$	5,097

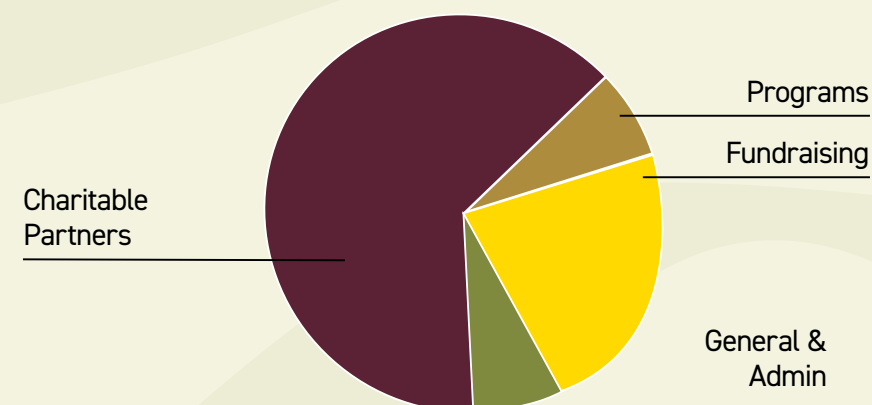
**TOTAL** **\$ 1,097,076**



## EXPENSES

Charitable Partners	\$	529,861
Programs	\$	64,189
Fundraising	\$	184,302
General & Admin	\$	77,019

**TOTAL** **\$ 855,371**



## CHARITABLE PARTNER DONATIONS

Friends of the Children	\$	200,000
Meals on Wheels People	\$	127,360.50
Wish of a Lifetime	\$	50,000
Ronald McDonald House Charities	\$	50,000
Alzheimer's Association	\$	50,000
Dream Fights	\$	20,000
Doernbecher Children's Hospital	\$	12,500
American Lung Association	\$	10,000
Dream Catcher	\$	5,000
American Heart Association	\$	2,500
American Cancer Society	\$	2,500

**TOTAL** **\$ 529,860.50**

## PROGRAMS

Vital Volunteers	\$	25,616.50
Local	\$	38,572

**TOTAL** **\$ 64,188.50**

**TOTAL CONTRIBUTIONS**  
**\$594,049**

# HIGHLIGHTS FROM 2022



## CHERISHED DREAMS UNFORGETTABLE EXPERIENCES

Quean got to ride in a horse-drawn wagon. Nora took ballroom dancing lessons. Both cherished dreams were made possible by Elevated Wishes, a partnership between Vital Life and Wish of a Lifetime from AARP, that gained new post-pandemic life and momentum in 2022. For Quean, age 72 and living in a senior care facility, the lure of the Wild West helped her feel connected to her grandmother, for whom horses and wagons were integral to daily life. Quean longed to ride in one herself, and

feel just a small part of what her beloved ancestor had experienced. “If I could do that, I’d be the happiest person in this world,” she said.

At the historic Rush Ranch near San Francisco, Quean’s wish came true. With her hands on the reins and her family at her side, she cried tears of joy as the wagon rolled across the majestic landscape.

For Nora, also a senior care resident, an unwavering love for dance had always been a huge focus of her life, and an Elevated Wish collaboration with a local dance studio rekindled her passion.

The old feelings of rhythm and movement came flooding back after only two personalized lessons. Then her wish came to a stunning finale back home at her facility with an unforgettable performance of “Que Sera, Sera” for other residents and staff.

Working together, Vital Life and Wish of a Lifetime continue to bring new meaning and vitality to the lives of seniors—one dream at a time.







**"I SURVIVED THE STRATOSPHERE AND I KNOW OUR EFFORTS WILL ULTIMATELY HELP ALL THOSE WHO STRUGGLE TO BREATHE SURVIVE AS WELL."**

## FIGHTING FOR AIR AND FOR A CURE

One step after another—1,455 times. That's how senior care staff conquered the 108 floors of one of Las Vegas' most famous landmarks as part of the Foundation's Scale the Strat team.

The annual stair-climb is sponsored by the American Lung Association, a Vital Life Charitable Partner, and the 2022 event was the first since the pandemic. Contributions from the Foundation helped the organization exceed its \$230,000 fundraising goal, aiding research and other advocacy efforts.

Over the years, the Vital Life team has consistently been one of the largest in the nation. Members train together for weeks in advance, and facility residents fighting lung disease have attended in person to show appreciation for those who provide their care.

"I felt my lungs burn, and that's the same sensation those we take care of feel on a daily basis," said Carrie, a long-term care pharmacist and Vital Life team member. "It's awesome to climb on their behalf, and contribute to a great cause."

"We have many ventilator patients in our facilities, and it's amazing to be here supporting them," added Zach, a senior care leader joining the team for the first time.

For every Foundation team member, the toll of COVID-19 weighed heavy on their minds. "The virus has such a terrible impact on lung function, and that's why it's so important to support this partnership," said John, a rehab therapist. "I survived the Stratosphere, and I know our efforts will ultimately help all those who struggle to breathe survive as well."







## ONWARD TO A FUNDRAISING RECORD

The Bridgetown Bash is always a celebration, but the 2022 event took on an even greater depth of meaning.

Though the memory of the finally receding pandemic was fresh on the minds of all in attendance, the stirrings of a freshly rejuvenated Foundation were clearly evident. So on this perfect summer night at Stoller Family Estates, a sense of gratitude and newly heightened purpose was very much in the air.

The evening's video recognized how essential life's simple moments had become during these times of challenge, and how creating them has always been at the heart of the Foundation's mission.

It showcased incredible scenes of impact, from the Elevated Wish that sent Bob to one last baseball game with his son, to the health care heroes creating cards and delivering Cupid Crew roses on Valentines Day, to the wide-eyed child discovering the treasures of her Vital Life

backpack, and the 101-year-old veteran pilot who got to fly again.

Deep gratitude was shared for the Foundation donors, sponsors, charitable partners and friends who continued to make unforgettable experiences like these possible for seniors and those who serve them.

With the sun setting over the vineyards, that thankfulness was richly reciprocated. Donors demonstrated unwavering confidence in the future of the Foundation by raising their paddles to pledge nearly \$800,000—the most ever raised at a Bridgetown Bash.

At the end of the night, attendees left pondering the final words shared by the video's narrator. "Vital Life looks to the future undaunted," she said, "with a shared purpose that points in one direction only—onward."

For every Foundation team member, the toll of COVID-19 weighed heavy on their minds. "The virus has such a terrible impact on lung function, and that's why it's so important to support this partnership," said John, a rehab therapist. "I survived the Stratosphere, and I know our efforts will ultimately help all those who struggle to breathe survive as well."







**“WE WANT OUR INVOLVEMENT AND CONNECTION TO BE ABOUT SO MUCH MORE THAN JUST WRITING A CHECK.”**

## HOLIDAY JOY IN A DIFFICULT TIME

When nearly 50 senior care employees converged at The Old Spaghetti Factory on a December afternoon, it wasn't just for the mizithra. This was the staging ground for the Vital Life Foundation's Elf Give, when each year toys are purchased, wrapped and delivered to Ronald McDonald House Charities locations in Portland, Ore.

After arriving at the East and West Houses, Vital Life volunteers unpacked vehicles filled to their roofs with festive bags and boxes, and were able to personally take them inside for the first time since the pandemic began. Decked out in festive holiday-wear, they helped sort the donated gifts for placement in each House's Toy Store, where they'll bring joy to seriously ill children and their families who are far from home while navigating one of life's most difficult challenges.

“It's great to shop and help prepare the gifts,” said Kayra, a Foundation volunteer who participated. “But actually being there, passing families in the hallways, and imagining how big a child's eyes will get when they see all the toys, is definitely the best part of the experience.”

The Elf Give was the culmination of Foundation efforts throughout the year to support guests of the Houses. On one previous visit, volunteers cooked and served a fall-themed meal, decorated the House in fall decor, and led a pumpkin carving activity to help create a festive feel.

“This is just one of the ways the Foundation works collaboratively with our charitable partners,” said Amy Drahota, Vital Life's executive director. “We want our involvement and connection to be about so much more than just writing a check.”





# 2022 DONORS

## SPIRIT CLUB MEMBERS

Marquis and Consonus employees who choose to make donations to the Vital Life Foundation through payroll deductions. Their donations are equally matched by Marquis and Consonus, thus doubling the impact to charitable organizations.

## VITAL VOLUNTEERS

Marquis and Consonus employees who have a personal involvement in charitable giving through volunteer hours or monetary donations. The Vital Life Foundation was able to match their charitable giving with a monetary donation.

## INDIVIDUAL DONORS

Individual donors are those who personally donated to the Vital Life Foundation. This may include employees of Marquis and Consonus who made donations beyond that of the Spirit Club.

## CORPORATE DONORS

Corporations who have contributed to the Vital Life Foundation via monetary and/or in-kind donations.

## SPIRIT CLUB MEMBERS

Abby Bagos Hood	Andre Pena
Abel Bravo	Andrea Bennett
Adi Gidfar	Andrew Fogg
Adhonne Donnelly	Andrew Leeland
Adrienne Banks	Andrew Tims
Aisha Khan	Andrey Wright
Alan Kessinger	Angel Coronel
Alejandra Bazan-Ramirez	Angela Black
Alexandria Lewis	Angela Cook
Alexis Miranda	Angela Cox
Alicia Cothron	Angela Montoya
Alicia Rachal	Angelica Delgado
Alina Staub	Angelica Domincel
Alisa Schmalenberger	Angie Latta
Alison Athey	Angie Morelos
Allegra LaFlamme	Ann Marie Barbay
Allie Beard	Ann Marie Jumalon
Allison Dehaan	Anna Berka
Allison Moore	Anna Maricle
Alonso Bobadilla Becerra	Annamaria Tafoya-Ford
Alyssa Baker	Anne Ellingwood
Amanda Banks	Anne Parker
Amanda Fox	Annette Meisenheimer
Amanda Gaylord	Annette Mobley
Amanda Leavitt	Antonia Bravo
Amanda Perl	Antonia Flores
Amanda Zimmerman	April Diaz
Amber Barrett	Araceli Vasquez Hernandez
Amie Bostian	Arador Holtz
Amy Armstrong	Arielle Zawadsky-Weist
Amy Braun	Arnel Troy Asuncion
Amy Bucher	Arrielle Holzendorf
Amy Clay	Arthur Taimanglo
Amy Drahota	Aryn Jones
Amy Evinger	Ashleigh Puglisi
Amy Silici	Ashley Castillo
Amy Tamagos	Ashley Morina
Amy Watt	Ashley Thomas
Ana Alvarez Torres	Ashley Tuli
Ana Morales-Camilo	Ashli Clanton
Ana Vargas	Askalemariam Bogale
Anabel Lara Garfias	Athina Thorson
Anayeli Chavez	Aubrey Fogg



Aubrey Foidel-Huey  
Audrey Mullen  
Baraka Spencer  
Barbara Balmer  
Barbara Gulden  
Barbara Seabaugh  
Barbie Hill  
Beatriz Dedios  
Belaynesh Argaw  
Benjamin Kouadio  
Beulah Jarrett Quarles  
Blake Tuli  
Bonnary Warren  
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Brenda Burt  
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Brian Lavalley  
Briana Haines  
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Brittany Louie  
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Bryan Kessler  
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Candie O'Connor  
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Carloline McMullan  
Carlos Santillan-Martinez  
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Carmen Jacinto  
Carmencita Marks  
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Caroline Brown  
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Carrie McClaughry  
Cassandra Frutos  
Cassandra St Martin

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Catalina Bunesco  
Catherine Hansen  
Cathrine Squire  
Cathy McMaster  
Celia Villafana  
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Chante Cummins  
Chante Potter  
Chantelle Widerburg  
Charisse Hopp  
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Christina Macenfish  
Christina Sundoen  
Christine Armstrong  
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Christine Louis  
Christine Pak  
Christopher Vincent  
Chukwuemeka Nwankwo  
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Connies Dempsey  
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Corvaia Woodard  
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Courtney Corda  
Courtney Hohensee  
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Cronin Jennifer  
Crystal Herinckx  
Crystal Perkins  
Cynthia Gutierrez  
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Dal'Treena Dunn  
Dan Eaton

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Daniel Cowart  
Daniel Hockett  
Danielle VanWagner  
Danna Keck  
Darian Stedman  
Darren Russell  
David Connolly  
David Cowart  
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David Van Wagner  
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Gina Lagrassa  
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Graciela Garcia  
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Hailey Shilling  
Haley Minyard  
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Hazel Nalyn Basa  
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Heather Coakley  
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Heather Mizner  
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Henry Tang  
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Hiral Gheewala  
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Hong Nguyen  
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Lisa Lam  
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Lithia Green  
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Lorene French  
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Louie James Santos  
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Mark Moody  
Marlene Naito  
Marlo Shearmire  
Marrisa Hough  
Martin Allen  
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Mary Rose Sombero  
MaryAnne Vigstol  
Maryssa Miller  
Maureen Tallman  
Max McIntyre  
Maya Hawkins  
Mayra Garcia  
Meagan English  
Mei Yang  
Melanie Laforteza  
Melissa Chase  
Melissa Faught  
Melissa Laurandean  
Melissa Martin  
Melissa Yeager  
Melissia Staples  
Melody Miller  
Melonie Saucedo-Flemming  
Melony Nannery  
Mercedes Alvarado  
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Nadine Rojas  
Nancy Chavez Lara  
nancy Koerner  
Nancy Pryor  
Naoko Cuellar  
Naomi Carey  
Natalia Piatkoff  
Natalya Malyugina  
Natasha Kuntzmann  
Nathan Hedin  
Natosha Cook  
Neil Marshall  
Nelva Pech Chac  
Nerissa Wright  
Nguyet Nguyen  
Nichole Ingalls  
Nicole Burnham  
Nicole Fett  
Nicole Anastasia Haywood  
Nicolle Keele  
Nikki Edwards  
Nita Patel-Singh  
Niya Lin  
Noel Ofiana  
Nolan Bockstiegel  
Nora Espinoza

Norma Regalado Salinas  
Normina Lund  
Novi Ridjab  
Nyrva Augustin  
Od Barajas-Acevedo  
Olivia Harms  
Oscar Stiennon  
Pamela Engle  
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Patricia Montano  
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Patty Kleckner  
Patty Poling  
Paul Barth  
Paula Hawkins  
Pedrillo Adajar  
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Phuond Linh Thi Bui  
Rachel Anderson  
Racquel Magallanes-Zapanta  
Raelynn Nutt  
Rafael Gonzales-Vasquez  
Ramona Picard  
Raquel Ruelas  
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Raschelle Dupell  
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Raymond Spector  
Rebecca Bertram  
Rebecca Carney  
Rebecca Fleming  
Rebecca Hathcock  
Rebecca Ortiz  
Rebecca Pham  
Renee Heikkinen  
Renee Miller  
Rhea Gonzales  
Rheanna England  
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