

Annual 2 Report 2



Letter from the Board

At every challenging step in 2020, you, our Vital Life donors, made the selfless choice to Rise and Shine—this despite a seemingly endless barrage of unprecedented obstacles. Through your loyalty and passion, you helped support and preserve the Foundation, its charitable partners and all those living and working in senior care.

In a year unlike any other, your contributions kept us strong, making it possible for the Foundation to not only contribute \$652,860 to charitable partners and causes, but to adapt our giving schedule and amounts to meet their urgent needs. Your incredible generosity was augmented with \$297,669 raised from 1,147 employees through Spirit Club, and \$12,210 in Vital Volunteer time and donations.

PIVOTING TO SERVE

Though the pandemic forced a pause in many of our programs and events, 2020 was anything but uneventful, as we pivoted to find new ways to make an impact. The Send Seniors Love program brought joy to residents isolated by visitation restrictions in senior care campuses, and our Healthcare Heroes campaign raised the spirits of battle-weary staff. Despite COVID-19, we still found a way to distribute 3,000 Cupid Crew roses to 30 facilities on Valentine's Day.

OLD FRIENDS, NEW FACES

As the year began, four new members joined the Vital Life Board of Directors, each bringing unique strengths and perspectives.

- Gabi Sanchez is a shareholder at Lane Powell PC, a Portland, Ore., law firm, and has devoted her career to understanding the challenges faced by long-term care and senior housing providers. "It has always been my calling to serve people," she says, "and I'm proud to support the Foundation."
- **Greg Roderick** is the President and CEO of Frontier Management, one of the nation's largest senior housing providers. "When Vital Life calls, you take the call, and you deliver whatever they need," he says.
- Chris Fogg is part of the fifth generation of an Oregon senior care family, so serving seniors is in his blood. He feels his most important role is to be an advocate for the Foundation's partner charities and programs.
- Scott Miller is director of development and construction for Marquis Companies, and has been involved with Vital Life since the beginning. "Having an opportunity to bring meaning to the lives of so many people is very exciting for me," he says.

In addition, the Foundation welcomed Amy Drahota as our new Executive Director. For the past five years, she's served as event planner for Marquis, Consonus and Vital Life, and has been closely involved in fundraising and programming. "It's extremely meaningful to be able to support the culture of service that lies at the heart of everything we do," Amy says.

THE FOUNDATION OF THE FOUNDATION

Looking to the post-pandemic future, Vital Life will be focused on strengthening our foundation. We'll be re-energizing long-time bedrock programs that were put on hold by COVID-19, such as Backpack to School, Journey of Heroes, Elevated Wishes and others.

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-Amy Drahota, Executive Director

A custom computer application featuring financial dashboards is also being created to better support business operations.

WELCOMING THE LIGHT

But today, we pause to reflect and celebrate. After enduring one of the darkest times in recent memory, we welcome the light with renewed energy and commitment for the causes we embrace, for the seniors we serve and for those who care for them.

At Vital Life, the experience of 2020 proved one thing beyond all doubt—that whatever challenges and opportunities lie ahead, we will continue to Rise & Shine, together.





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Board of Directors



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Amy Drahota Executive Director



Beth Biggs Director



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Dale Glasser Director



Gabi Sanchez Director



Greg Roderick Director



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Kathy LeVee Director



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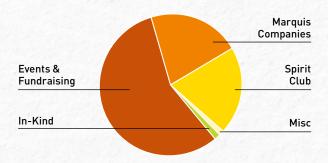


Steve Fogg Director

Financials

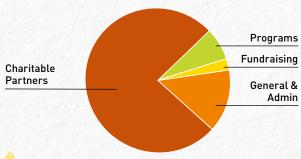
REVENUE

TOTAL	\$ 737,680
In-Kind	\$ 8,378
Miscellaneous	\$ 8,230
Spirit Club	\$ 148,843
Marquis Companies	\$ 155,401
Events & Fundraising	\$ 416,828



EXPENSES

TOTAL	\$ 782.392
General & Admin	\$ 110,282
Fundraising	\$ 19,251
Programs	\$ 55,359
Charitable Partners	\$ 597,500



CHARITABLE PARTNER DONATIONS

TOTAL	\$ 597,500
American Cancer Society	\$ 5,000
American Heart Association	\$ 5,000
American Lung Association	\$ 10,000
Doernbecher Children's Hospital	\$ 12,500
Alzheimer's Association	\$ 50,000
Ronald McDonald House Charities	\$ 75,000
Wish of a Lifetime	\$ 90,000
Friends of the Children	\$ 150,000
Meals on Wheels People	\$ 200,000

PROGRAMS

TOTAL	\$ 55,360
Local	\$ 42,500
Backpack to School	\$ 650
Vital Volunteers	\$ 12,210

Total Contributions \$652,860

Highlights from 2020



LAUGHTER—STILL THE BEST MEDICINE

Comedy and Alzheimer's? It's certainly not an obvious pairing, but over the past 11 years, "Laughter is the Best Medicine" has become one of Vital Life's most beloved and high profile programs.

The dream of featuring top-notch stand-up talent to raise awareness of the horrible toll dementia takes began with a former

Consonus Rehab employee whose family member had suffered from the disease.

Over the years, attendance has grown from a relatively small crowd to as many as 650 people at Portland's Revolution Hall, and the money raised goes to the Alzheimer' Association and the Geezer Gallery.

In addition to the usual slate of comedians, the evening honors senior care residents and staff who have shown an inspiring resilience and commitment to the cause.

"At Vital Life, we take what we do very seriously, but we don't take ourselves too seriously," said Amy Drahota, executive director. "This program creates the space for us to bring joy and fun to everyone who supports the hard work being done in senior care."

Medicine has become one of Vital Life's most beloved and high profile programs."



SEND SENIORS LOVE BRINGS LIGHT IN DARKNESS

As the pall of a global pandemic began to hover over the nation in early 2020, residents in senior care facilities felt the dark cloud most. Forced into isolation for their own safety, face-to-face visits were no longer permitted. So to help preserve their sense of connection with the world outside, Vital Life stepped up, to create the Send Seniors Love program.

Family, friends and community members were encouraged to write letters of positive encouragement, and drop them off in special boxes placed outside each facility's front door. As expected, and to the delight of residents,

the response came flooding in—simple notes, cards, art projects from children.

Jenny, one letter writer who hoped to establish a deeper bond, reached out to Vital Life for help in finding residents who wanted to be pen pals. She was soon connected with Carol and Bruny, who live across the hall from each other, and the three have been writing back and forth ever since.

"They are both very social people, so when COVID-19 happened and they couldn't see anyone, they were pretty down," said Jamie Woods, facility activity director. "So it's really been a great connection."

So many months after the program began, and even as the pandemic fades, Send Seniors Love continues to fulfill its intent—bringing positivity and light into the lives of senior care residents.

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#HEALTHCAREHEROES PROGRAM CELEBRATES SENIOR CARE STAFF

Few bore the burden of COVID-19 more heavily than the staff in our senior care facilities, who fought fatigue, isolation, grief and fear as they cared for those most vulnerable to the virus. The stakes were enormous, but Vital Life was there to help lift their spirits with #HealthcareHeroes.

Featuring an iconic red heart encircled with a green "You Are Vital" banner, program materials such as window posters, fliers and bumper stickers were sent to facilities in the senior care industry. Lawn art that read "WE LOVE OUR HEALTHCARE HEROES" reminded every community member passing by of their incredible sacrifices and achievements.

As the pandemic continued, staff also received #HealthcareHeroes wrist bracelets, hair scrunchies, socks and hoodies, and wore them with pride.

"Seeing the #HealthcareHeroes emblems reminded us that we are a team," said Tracy Berg, social services director. "We were facing the beast together, fighting together. And in the end, that was the only thing that helped us come through—we did it together."

"It reminded us how resilient we all are," added Melissa Laurandeau, memory care administrator. "It was so powerful for staff to remember that showing up to do what they do best was truly heroic."

#HealthcareHeroes emblems reminded us that we are a team."

-Tracy Berg, Social Services Director



FOUNDATION DONORS RISE & SHINE

As virtually all businesses faced pandemic-related financial challenges, few would have blamed Vital Life donors if they had chosen to pause their contributions. But instead, they rose to the occasion and ensured the Foundation was funded and could continue supporting our charitable partners.

For example, Accelerated Care Plus never even considered cutting back its full donation. "We all had to make tough choices, but the decision to support Vital Life in 2020 was extremely easy," said Deb Koepsel, ACP president.

Some donors even took their commitment a step

further. Besides continuing its yearly pledge, PDG Construction created large plexiglass COVID-19 shields that allowed residents and family members to have face-to-face conversations safely, and even helped deliver them by U-Haul throughout the Western states.

When outbreaks struck several senior care facilities, TwinMed Supplies and Services was one of the Foundation donors that stepped up to provide meals for their entire staffs, a significant gesture that went above and beyond its annual gift. "Our contribution was small compared to what Vital Life does," said Terry Hunt, co-owner and President of Sales. "I felt honored and privileged to contribute in any small way."

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-Deb Koepsel, ACP president



CHARITABLE PARTNERS PIVOT TO PRESERVE MISSION

Supporting our charitable partners is one of Vital Life's most fundamental reasons for existence. Like most organizations and individuals over the course of the pandemic, they faced dire and unprecedented challenges. But by showing incredible creativity, flexibility and resilience, and with a little help from the Foundation along the way, they were able to keep their missions alive.

At Friends of the Children, a partner charity that aims to empower at-risk youth through relationships with professional mentors, direct one-on-one interactions were no longer possible. So the organization embraced Zoom technology to facilitate connection, and modified

its programs to be both safe and effective. To be there in support, Vital Life pivoted as well. For instance, instead of serving meals at the annual Friendsgiving dinner, the Foundation organized a food drive, and facility dietary personnel volunteered to prepackage and cook meals to be delivered to families in need.

Meanwhile, at Meals on Wheels People, the needs and isolation of seniors were only compounded by the pandemic, and the organization faced a 400 percent increase in clients. To adapt, the existing delivery model had to be completely reimagined, all at a time when all related costs had drastically increased. Knowing the urgency of the need, Vital Life arranged to provide its annual donation months earlier than usual—and even increased it by \$75,000 to \$200,000.

These and all our charitable partners deserve profuse praise and thanks for doing whatever was necessary to keep meeting the needs of those they serve. They have set an inspiring example, and Vital Life is proud to have been there in support.

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2020 Donors

SPIRIT CLUB MEMBERS

Marquis and Consonus employees who choose to make donations to the Vital Life Foundation through payroll deductions. Their donations are equally matched by Marquis and Consonus, thus doubling the impact to charitable organizations.

VITAL VOLUNTEERS

Marquis and Consonus employees who have a personal involvement in charitable giving through volunteer hours or monetary donations. The Vital Life Foundation was able to match their charitable giving with a monetary donation.

INDIVIDUAL DONORS

Individual donors are those who personally donated to the Vital Life Foundation. This may include employees of Marquis and Consonus who made donations beyond that of the Spirit Club.

CORPORATE DONORS

Corporations who have contributed to the Vital Life Foundation via monetary and/or in-kind donations.

SPIRIT CLUB MEMBERS

Abby Hickox Abby Bagos Hood Abel Bravo Abigail Nim Adnenne Donnelly Adrian Sykes Adriana luras Aimee Mueller Aishwarva Jagannathan Alaina Gordon Alan Kessinger Alejandra Bazan-Ramirez Alex Reveuko Alexander Hartman Alexandra Alvarez Padilla Alexandria Lewis Alexis Miranda Alexis Tavizon Alevandro Cisneros Alicia Cothron Alicia Rachal Alina Staub Alison Athey Allegra LaFlamme Allison Halter Allison Dehaan Alma Mendez Alyssa Huddleston Alyssa Price Alvssa Baker Alyxandra Colbert Amanda Altig Amanda Perl Amanda Zimmerman Amanda Leavitt Amanda Reilly Amanda Gaylord Amanda Tolya Amy Bohna Amy Bucher Amy Candioto Amy Drahota Amy Evinger Amy Loveless Amy Stone Amy Tamgos Amy Tierney Amy Clay

Amy Sebastian Amy Braun Amy Tierney Ana Morales-Camilo Ana Vargas Anabel Lara Garfias Anaisa Hernandez Anandi Thompson Anayeli Chavez Andrea Bennett (Goswick) Andrew Foga Andrew Leeland Andrey Wright Angel Coronel Angel Mathews Angela Montoya Angelica Barajas Angelica Delgado Angelica Domincel Angelica Leos Angelica Zurita-Agilar Angelica Leos Angie Latta Angie Morelos Anisha Ghising Anita Christensen Ann Adrian Ann Marie Jumalon Anna Maricle Anna Ramos Anna Zentner Anna Berka Annamaria Tafoya-Ford Anne Ellinawood Anne Parker Annette Meisenheimer (Johnson) Anthony Stocks Anthony Magallanes Anthony Laflen Anton Antonovich Antonia Bower April Diaz Araceli Vasquez Hernandez Ariana Adams Arist Dagout Arlene Kuehne Arlita Bradwell-Respress

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Daniel Hockett

Danielle Dietz

Danielle Jones Danielle VanWagner Danna Keck Darian Stedman Darleen Louise Maness Darren Russell David Sperley David Van Wagner David Connolly David Daub David Lewis David Dovalina David Gambill Dawn Jackson Dawn Moskowitz Dawn Edmonds Dean Murray Deanna Gruszie Deanna Marr Debbie Holfeld Debbie Keith Debbie Taggart Deborah Hastings (Otto) Deborah Williams Debra Grav Debra Tietz Debra Warren Delina Whidden Delma Dovle Dena Sprayberry Denise Britain Dennis Hyass Derrick Landis Destini Rathert **Devin Simmons** Dexter Amend III Diana Venegas Diana Agney Diana Rios Diana Tingey Diane Rogers Diane McFarlin Diane McDowell Dione Kelly Dlanie Hendricks Don Morris Donna Johnson Donna Sherman Donna Gillan

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Karin Scott

Karissa Ferguson

Karla Hernandez Karmin Vidana Kate Hope Katherine Hammock Katherine Hodge Katherine Olsen Kathleen Chabreck Kathleen Holman Kathleen Jones Kathleen Melgareio Kathleen Taylor Kathryn Crozier Kathrvn Kolonic Kathryn Vincent Kathryn Tamburino Kathy Cardinal Kathy Barnhart Kati Smith Katrina Mai Katrina Thurston Katy Williams Kav Baldwin Kavla Burns Kayla Bush (Bateman) Kayla Fagan Kayla Melgarejo-Jaimes Kayla Newsom Kavla Duncan Kavlvnn Pickett Keegan Kinney Kelcev Delache Kelli Carr Kelly Valish Kelly Bess Kelsey Kuykendall Kelsey Whittaker Kelsev Wilder Kelsey Cournyer Kelsie Carter Ken Henry Kenneth Martin Kent Mallory Kerida O'Reilly Kerry O'Brien Kevin Rosch Kevin Salay Kevin Smith Khrisna McKinney (Foss) Kim Bargay

Kim Brassfield

Kimberly Beights Kimberly Lindauer Kimberly Moody Kimberly Johnson Kimberly Elkins Kirstin Keen Krista Perron Kristan Stone Kristen McDevitt Kristen Resends (Savorelli) Kristie Phan Kristin Duhrkoop Kristin Kina Kristin Johnson Kristin Schaefer Kristin Faton Kristina Dorton Kristina Pflugh Kristy Moore Kristy Tern Krizia Briones Kunsel Lathsana Kvana Paratore Kyle Brooker Kyle Beechly Kylie Evenhus Lacey Zimmerman Laci Thompson LaRae Solina LaRayne Barrios Larissa Dubintsov Lashaunda Repp Laura Ehman Laura Olsen Laura Seifert Laura Vazguez Laura Younger Laura Selfridge Laura Olsen Laura Healv Laurel Beutler Lauren Monsen-Kelly Lauren Fleisher Lauri Cruz Laurie Thomas Leah Schechtman LeAnne Gibbs Leilani Bennett Lena Flynn Lenny Tidayoh

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Shalyse Kuschnick (Snook) Sham Chang Shannon Bates Shannon Bravo Shannon Sorrell Sharon Bailey Sharon Coughlin Sharon Stafford Sharon White Sharron Hill Shawnii Williams (Easley) Shavlee Nannery Shaylie Dement Shehane Domincel Shehani Fernando Sheila Coonan Shelema Atkins Shellev McClesky Shellie Anderson Sherrie Brown Sherry Dodson Sherry Carter Shirley Gomez Shi-Sean Zhong Shonda Robinson Silvia Gonzales Simon Brown Solande Estrada-Clavel Soliz Perez-Rivera Sonam Diki Sonia Canales-Elkan Sonia Gutierrez Sonva Horowitz Sophia Wooley Soya Davis Stacey Taylor Staci Tone Stacy Earle Stacyann Sanders Stefany Ensor Stephanie Bradley Stephanie Jazzar Stephanie Ward Stephanie Estes Stephanie Grosul Stephanie Rothstein Stephanie Heumann Stephen Hojiat Steven Cheung

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Stormi Dumas Susan Lyons Susan Broxon Susan DeBates Susan Lienhard Susana McKeller (Duenas) Suzanna Walther Suzanna Schertz Sydney Cook Sylvester Winrow Tabitha Rue Taelor Carter Tami Schelot Tami Laflen Tammy Boyd Tanya Austin Tanya Nawalaniec Tanya Dailey Tara Manske Tatiana Elliott Tawnni Hoff (Jeffers) Taylor Teng Teddy Nielsen Teila Chapman Tenika Garteiz Tendora Raducheva Teresa Katsares Teresa Gardner Teri Ferreira Terri Fagan Thania Salazar Macias

Theresa Siverly Theresa Ward Theresa Fairbanks Theressa Hecht Thomas Mendoza Thomas Rogers Thuy Dang Thuy Nguyen Tia Farwell Tierra Topps Tiffany Love Tiffany McKee Tiffany Wiedenmann Timothy Lam Tina Botcheos (Parker) Tina Jackson Tina Worthey Tom Pendleton Torina Kehne Tracie Cordeiro Tracy Berg Tracy Fritts Tracy Policar Tracy Yeamans Tram Ho Tram Le Trish Craig Trisha James Tuvale Tuli Tuyet-Hoa T Ninh Tyler Krause Tyler Rachal Vanessa Coplin Vanessa Diaz (Cruz) Vanessa Morrow (Emry)

Vanessa Shorey

Vanessa Morgan Vapsi Marquez-Romero Veronica Gomez-Rodgriguez Veronica Storm Vicki Nordby Vicky Chavarria Victor Prymak Victoria Kite Vikki Swing Vincent Bacalso Virginia Moore (Norconk) Walter Gaerlan Wanda Schroder Wei-Chun Hsia Wendy Murray-Lewis Wendy Raybern William Walton William Busse William Paulus Williams Bleecker Xavier Coleman Yancy Allred Yesenia Castro Yesenia Guerra Yesenia Palma Yoshiko Mease Yusupha Jagne Zach Fogg Zachary Kinzer Zachary Korstian Zena Rockowitz

Zenaida Lopez

VITAL VOLUNTEERS

Adriana Garcia Adame Alexandria Lewis Allison Dehaan April Diaz Aurora Alonzo Autumn Han Autumn Reed-Walker Beth Biggs Bonnie Carlsen **Brittany Louie** Carrie McClaughry Catherine Vorhies Courtney Corda Dan Carnev Daniel Canchola Delma Doyle Emily Steedman **Emily Randall Emily Walton** Eric Lintner Erin Hewitt Erin Sprando

Faye Foster Grace Miller **Guy Cowart** Hillary Cornelius Ian Strand James McKinley Jason Baker Jennifer Moreland Joannah Maca John Pauley John Baker Jonalyn Brown Jordan Turner Kathryn Kolonic Kathryn Polk Kelsey Whittaker Kerry O'Brien Kim Bargay Laurie Thomas Lindsey Schaub Lisa Hynes Liza Bacal

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