For Angie, it’s always been about children and seniors. Whether pursuing advanced educational training, supporting charitable causes with her energy and talents or raising three kids of her own, the needs of young people and the elderly have never been far from her heart.

She was born in Portland, Ore., and one of her first high school jobs was as a nursing home activity director. She obtained a Master of Arts in counseling from George Fox University, and started a private practice in 2015. She serves people of all ages, but especially loves working with adolescents and young adults.

Most of Angie’s early volunteer work was in support of school organizations, and over the past 20 years she has also been involved with many children’s charities. She now serves on the advisory board at Ronald McDonald House Charities, and on the board of the Rask Family Memorial Fund.

With almost twenty years of experience in charitable event planning and fundraising, Angie’s leadership is invaluable in furthering the goals of the Vital Life Foundation. “I love how Vital Life incorporates the needs of the elderly and children, bringing my two favorite groups of people together,” she says.