LETTER FROM THE BOARD

For the Vital Life Foundation, 2014 was a year of connections—of strengthening the bonds to our communities and charitable partners in innovative ways.

It was about action and impact, cause and effect. Nurturing these connections kept us true to our mission, and added meaning to the lives of those living and working in long-term care.

The year’s highlights were many—an inspiring array of life-changing moments.

Intergenerational activities with Friends of the Children. Residents and staff making strides toward health and wellness on behalf of the American Heart Association. Seniors serving seniors through Meals on Wheels, and comedy supporting the Alzheimer’s Association at our annual “Laughter is the Best Medicine” benefit.

We created bucket list memories through the New Chapters program, and partnered with Wish of a Lifetime to honor our veterans. The Foundation’s matching gift program doubled the impact of Vital Volunteers and Spirit Club members.

Each of these connections, along with a myriad more, was made possible by the commitment and generosity of people like you—business partners and friends of Vital Life who have experienced first-hand the rewards of enhancing vitality and purpose in the lives of seniors.

You support the Foundation because you believe in what can happen through the transforming power of connection. And we thank you.

Board of Directors

Angie Fogg, Chairperson
Charles Bloom, Vice-Chair
Staci Tone, Treasurer
Jennifer Hoffer, Secretary
Ann Adrian, Executive Director
Kathy LeVee, Director
Dale Glasser, Director
Victor Risch, Director
Phil Fogg, Director
Steve Fogg, Director
Julie Kresl, Director

We are the music makers and the dreamers of dreams.
— A. O’Shaughnessy
## FINANCIALS

### REVENUE

<table>
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<tr>
<th>Source</th>
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### CHARITABLE BENEFICIARIES

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### CHARITABLE PARTNERS

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ALZHEIMER’S WALK GETS PERSONAL

Even in the crowd of thousands at the Walk to End Alzheimer’s in Portland, Oregon, you couldn’t miss the dozens of bright pink shirts, with the words “It’s Personal” stenciled in bold purple letters.

For the group from Marquis Hope Village, the cause hit particularly close to home. The shirts were in honor of Vicki, a co-worker who had recently died of the debilitating and still incurable disease.

Vital Life gave $50,000 to the Alzheimer’s Association in 2014, and the annual Walks inspire substantial participation from Marquis and Consonus in five states. But to walk for a friend, someone known as “a champion of the residents,” made the cause even more vivid—and urgent.

“Thank you for loving and supporting her,” said Vicki’s daughter, one of several family members also wearing “It’s Personal” shirts that day. “I wish she could have been here to see it.” And somehow, it seemed like she was.

JOURNEY OF HEROES HONORS GREATEST GENERATION

The partnership between Vital Life and Jeremy Bloom’s Wish of a Lifetime continues to create rich, bucket-list experiences for some of our nation’s greatest heroes.

In 2014, eight World War II veterans and their caregivers traveled all expenses paid to Washington, D.C., to see the memorials created in their honor. For three of them, the trip wouldn’t have happened without serendipitous Vital Life partnership connections.

Lloyd found out about the opportunity through his volunteer work with Meals on Wheels, and a chance meeting at a Spirit of ’45 celebration jointly sponsored by the Foundation and Providence Home Services helped make the dream come true for Ed and Dale.

Julia, a resident at Marquis Springfield, felt a different kind of connection on the trip—a bond with all the women who had served. “I’m not the hero,” she told a grateful stranger. “The heroes are those who died so we could have freedom.”
BASH CELEBRATES CONNECTIONS—
AND SETS FUNDRAISING RECORD

The 2014 Bridgetown Bash was a celebration of connections. A record $528,000 was raised at the annual extravaganza—more than half of Vital Life’s annual budget.

The landmark event was attended by 549 people, and 139 of those lifted the Foundation by simply lifting their hands—the paddle raise alone netted almost $133,000.

Corporate sponsors who donated $5,000 or more enjoyed a special VIP reception, including the opportunity to meet beloved Blazer basketball great Jerome Kersey and former NFL star Jeremy Bloom, founder of Vital Life partner Wish of a Lifetime.

Exciting as it all was, the night wasn’t really about the dazzling Pearl District setting, or being part of the party of the year. It was about loyalty, love and generosity toward causes that enhance meaning for residents and staff. It was about connections, and a Foundation that wouldn’t exist without them.

OUTDOOR SPACES REIMAGINED FOR
FAMILIES WITH SERIOUSLY ILL CHILDREN

Thanks to a Vital Life donation of $70,000 and a web of community connections, what started as a small-scale project to help revitalize the playground area at the Ronald McDonald East House in Portland has become a total reimagining of its outdoor spaces.

The transformation of the grounds is scheduled to include a family gathering place, play structures for all abilities, an outdoor kitchen, amphitheater and other dramatic improvements.

“One thing just led to another,” says Scott Miller, director of property development at Marquis. He shared the vision with long-time business associates at CBTwo, Crystal Greens, Smith & Green Company, Columbia Roofing and Emerio Design, who were eager to be part of the project and have donated substantial time.

“I didn’t have to make a sales pitch,” Miller says. “Once you understand the need, and the services being provided to families in very trying circumstances, it’s just the right thing to do.”
MEALS ON WHEELS WELCOMES LUNCHTIME CONNECTIONS

For the elderly, mealtimes can be lonely times, but residents and staff from several of Marquis’ Portland-area assisted living facilities are working with Vital Life partner Meals on Wheels to change that—and making meaning in their own lives as well.

Whether creating colorful crafts and flower arrangements for delivery, or actually bringing some sparkling conversation to local Meals centers at lunchtime, they brighten the days of seniors who are often in isolation.

“We’re feeling a deeper sense of connection with Vital Life than ever before,” says corporate relations manager Marcie Kessel. In addition to the $50,000 the Foundation donated, she’s especially appreciative of those who help deliver meals to local homes, serve on steering committees or take shifts handing out Donate Dinner cards in grocery stores.

The partnership is a year-round effort, and Marcie sees something special in those who serve. “They genuinely enjoy seniors, and it shows.”

VITAL VOLUNTEER MAKES A DIFFERENCE—ONE BAGEL AT A TIME

Every time he sells a bagel, he knows he’s making a difference. And no one sells bagels better than Brent. A Vital Volunteer at Marquis Plum Ridge in Klamath Falls, Ore., he’s been giving his time for 19 years—since even before he was a resident.

Though diabetes has taken a toll and he’s now a double amputee, Brent wheels around the building every morning in his motorized wheelchair, taking bagel orders from staff, residents and guests and delivering them personally the next day.

His all-time best is 59 bagel sales in one day—a record he’s determined to break—and so far this year, he’s already donated 75 hours. Along with the efforts of fellow volunteers and matching funds from Vital Life, more than $4,000 has been contributed to the American Cancer Society’s Relay for Life.

“I just like to help people,” Brent says. “I’m a happy person.”
SENIORS AND CHILDREN MAKE MEMORIES—AND A MESS

With craft supplies strewn across tables and hands covered with glue, more than a dozen children huddled close with elderly residents at Marquis Mt. Tabor in December, gleefully making holiday ornaments together.

Assisted by the horticultural therapist, items harvested from the facility garden were incorporated into the creations. The task complete, they all had a snack together.

Intergenerational interactions are the essence of the Foundation’s partnership with Friends of the Children, and everybody wins. For the kids, it’s a chance to creatively express themselves and learn to appreciate seniors. For residents, it triggers positive memories and contributes to feelings of self-worth.

“Many of these children come from chaotic environments,” says Friends team leader Andrew Baldwin. “Through Vital Life, they get to be around positive adults in a safe place.”

In addition to making future such events possible, a $70,000 Foundation donation is helping fund a much-needed expansion at Friends’ East County location.

IN THE SPIRIT OF SPIRIT CLUB

When Tara, a nurse at Marquis Wilsonville, first signed up to make a regular monthly donation to Vital Life through Spirit Club, she really didn’t know what it meant—or what difference it even made.

Then she took a Journey of Heroes trip with Richard, a World War II veteran, and saw the impact first-hand. Now she wants to tell everyone she sees how important it is.

Tara and 1,089 colleagues across Marquis and Consonus donated $136,635 in 2014, helping create opportunities for residents and staff to engage in meaningful ways with the Foundation’s partner charities.

“They helped make my dream come true,” says Richard. “It’s something I’ll never forget.”
Giving back to the community has always been a significant part of the Marquis Companies and Consonus Healthcare philosophy. Bringing the causes we support to the forefront is important to us, and that’s why we’ve formed the Vital Life Foundation. The foundation is the vehicle for our commitment to supporting youth, wellness, education, families, women, and seniors.

Connected through memory, purpose & time.

LIFE, WELL LIVED.

Life is too short for half-hearted connections and meaningless run-throughs.
— Karen Kingsbury
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Everyday Hero. def/
Ordinary people doing extraordinary things in service to others and their community.

Corporate Donors

- 1st Independent Leasing
- 2 Town Ciderhouse
- 4 Spirits Distillery
- ACP
- Aladdin Theater
- AlphaGraphics
- Alpha Impression
- Ark Elements
- BCI Group
- Benefit Auctions 360 LLC
- Brookdale-Winfield Village
- Burnside Brewing Company
- Capital Lakes
- Capsa Solutions
- Cardinal Health
- Care Center East
- Care Fusion
- Cascade Park Retirement
- Cascadia Tea Company LLC
- CBTwo / Brandaw Family Foundation
- Cedar Crest
- Chrysalis
- Clatsop Care Center
- Columbia Construction Services
- Columbia Roofing
- Consonus Healthcare
- Construction Management Group
- Contemporary Healthcare
- Cubex
- Diagnostic Lab & Radiology
- Direct Supply
- Dynamic Medical
- Eastside Distilling
- Emerio Design
- EmpRes Hillsboro Health and Rehab
- Encompass
- Environmental Science & Assessment
- Ervin Investors III LLC
- First Quality
- Flexprint
- Friends House
- Frontier Management
- Gateway Assisted Living
- Genki-Su
- Great Wine Buys
- H & L Care Centers, LLC
- Hawthorne Gardens Senior Living
- HBE West Inc.
- Heartland Pharmacy
- Holland
- Hood River Distillers
- Hope Creek Care Center
- Isle at Cedar Ridge
- Isle at Watercrest
- Isler Northwest
- JEA Senior Living
- Jessie F Richardson Foundation
- Kahl Home
- Kam's Fine Foods
- Kanai Tek
- Key Bank
- Kinetic Group
- KPD Insurance
- Kronos
- Liberty Northwest
- Lifewise
- Lockton Insurance Brokers
- Marquis Companies
- Medcall
- Medical Specialties Distributors
- Metro West Ambulance
- MHA/Navigator
- MidCap Financial
- Miller Nash
- Miller Rehab
- Mission Senior Living
- Moondrops
- Mountain West
- Mt. Hood Solutions
- New Deal Distillery
- Office Depot
- Oswego Springs
- Pavilion Construction
- PBS Engineering & Environmental
- Point Click Care
- Pok Pok Som
- Portland Circus Works
- Portland Pedicabs
- Postal Express
- Powell Valley Assisted Living
- Professional Provider
- Quartz Park at Crystal Terrace
- QuickMAR
- Rehab Optima
- River Hills Village
- Robinson Jewish Health Center
- Royal Park Care Center, LLC
- R/West
- Security Micro Imaging
- Sherwin Williams
- Softwriters
- Solutions Yes
- Stafford Healthcare
- Stafford Healthcare at Ridgemont
- Steinberg Investment Group
- Stoel Rives
- Stonebook HealthCenter Structured Communications Systems
- Stumptown Coffee Roasters
- Swisher Syso Foods
- Tacoma Lutheran
- The Dump Truck
- The Meadows of Napa Valley
- The Nathanson Group
- The Partners Group
- The Private Bank
- Trinity Terrace
- TwinMed
- Umpqua Bank
- US Bank
- Vacaville Healthcare
- Vending PDX
- Vienna Convalescent Hospital
- Vinn Distillery
- Walter E Nelson
- Washington Memory Gardens
- West Coast Event Productions
- West Hills Rehab
- Wild Roots Vodka
- Windsor Health and Rehab
- Yang's OnTime Couriers LLC
Individual Donors.

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Ordinary people doing extraordinary things in service to others and their community.

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Vital Volunteer.

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INDIVIDUAL DONORS CONT.

Kathy LeVee
Dave & Suzie Lewis
Matt Lewis
Megan Lewis
Karen & Steve Mackie
Gary Manchester
Tara Manske
Edmund Maresh
Noel & Shari Marshall
John Martin
Jessica Mason
Cassie & Jason McMullin
Richard McCarrick
Shelley McCleskey
Dean McGee
Julie McKinnon
Michael McMahon
Vic Mistry
Scott Mitchell
Joshua & Christine Mize
Julie Moody
Jimmy & Kristen Moore
Ashley Moore
Sandra Morales
Tracy Morgan
Kari Morrison
Marc & Paula Muelle
Rajasekharan Mummadi
James Murray
Scott Nair
Rick Navarro
Audra Neish
Wayne Nelson
Ali Nettie
Ken & Kelli Newman
Sheryl Nicholson
Jim Nielsen
Jeff Niess
Raymond Norton
Mino Nowak
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Theresa & Galen Ohmart
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Brenda Orffer
Jim Owen
Jonathan Owens
Nora Pabst
Joseph Panaro
Colleen Papp
Rhonda Parreno
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Amanda Peters
Kenneth Peterson
Ronald Petti
Linda Pickering
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LuAnn & Scott Stanislawski
Car Starns
James Staub
Sally Stocker
Brigit & Gordon Stone
Amy Stone
Vera Studholme
Maribeth Taenner
Ingrid Taff
Debbie Taggart
Maureen & Jerry Tallman
Craig Taylor
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Jaqueline Thompson
John Tipton
Staci Tone
Don Treece
Jim Vandiver
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Carolyn Walker
Eric Watson
Rob & Cheri Weeks
Jamie Weinel
Eric Weller
Kory & Kelsey Whittaker
Angelica Williams
Katherine Wilson
Rick & Debbie Wright
Didi Zaharias
Hunter Zeeb
Eric Zwart
Rachel Anderson
Shellie Anderson
Juliet Angeles
Maaza Anteneh
Bettie Antonelli
Clarissa Appiestall
Edna Aquino-Guice
Melisa Aranda
Marlene Arca
Ciera Arceneaux
Lorinda Archie
Bryanna Archuleta
Jillian Arenas
Zenaida Arenas
Belaynesh Argaw
Graham Armstrong
Renita Armstrong
Lance Armstrong
Debbie Arrington
Michelle Arthur
Chanteen Asberry
Sheri Ascarruz
Frehiwot Ashenafi
Christine Assenberg
Cheryl Atterberry
Marie Michelle Auguste
Tanya Austin
Heather Avilia
Lauren Baggsley
Sharon Bailey
Kanchan Bajpai
John Baker
Shelly Baker
Donna Baker
Simplica Baldido
Barbara Balmer
Chadd Balmer
Janice Bamford
Karen Barker
Lynn Barnard
Jeanne Barnes
Julie Barnes
Kelly Barnett
Angela Barnett
Jenny Barrick
Jesikah Barrios
LaRayne Barrios
Qyauny Barrios
Destiny Bartell
Stacy Barth
Paul Barth
Shannon Bates
Ravelle Bates
Beth Beadling
Bekky Bearder
Angela Beasley
Traci Beaver
Brooke Bechen
Kimberly Beights
Maria Bejarano
Caitlyn Bell
Soorya Bell
Lacey Benas
Patty Benedict
Luis Benitez-Garcia
Leitani Bennett
Lisa Marie Bennett
Carly Bennett
Megyn Bergland
Danielle Bhagdia
Tiana Biancalana

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SPIRIT CLUB MEMBERS
Krystal Abbott
Etenehe Abers
Tirhas Abraha
Genoveva Abraham
Domenic Acasia
Cynthia Acosta
Kealy Adams
Ann Adrian
Roya Afghan Haji Abbasi
Angelica Aguilar
Jane Agustin
Joylynh Aiken
Ronald Aldous
Atia Alexander
Shelly Allison
Brima Almond
Emelyn Alpapara
Kristina Amick
Connie Anderson
Marilyn Anderson
Heather Anderson
Nikole Anderson

[Image 438x-1 to 613x793]
Spirit Club Members Cont.

Kathy Cardinal
Lisa Cantrell
Danna Cansler
Porfirio Cano
Georgina Canizales
Amy Candioto
Daniel Canchola
Janet Campos-Velazquez
Fabiola Campos
Dinah Caldwell
Rita Cain
Deann Cain
Marcelina Caamalba
Britney Dabney
Matthew Bierbaum
Beth Biggs
Vicki Bishop
Kristine Black
Samuel Blacklord
Dennis Blair
Alice Blake
Susan Blake
Ashley Blanchard
Jacqueline Blanchard
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Monica Bletter
Brittany Blodgett
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Marilynn Bohnstedt-Casey
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Deidre Bond
Lisa Bond
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Tammy Boyd
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Susan Broxon
Kathleen Brunkw
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Tianna Buchanian
Amy Buchir
Courtney Buckley
Lindsey Bulpett
Catalina Bunescu
Nicole Burnham
Brenda Burt
Rebecca Burton
Patricia Burton
Britney Byington
Marcelina Caamalba
Deann Cain
Rita Cain
Dinah Caldwell
Fabiola Campos
Janet Campos-Velasquez
Daniel Canchola
Amy Candioto
Georgina Canizales
Porfirio Cano
Danna Cansler
Lisa Cantrell
Kathy Cardinal

Kathryn Caldwell
Sarah Carnes
Joshua Carpenter
Kelli Carr
Corinne Carrasco
Chelsea Carrillo
Jeffrey Carter
Jennifer Carter
Heather Case
Roseann Casillas
Joseph Castro
Jacqueline Caswell
Cheryl Cates
Jennifer Cates
Jennifer Cavender
Pamela Cayuga
Hyang Cha
Raviwan Chaiophol
Aaron Chapin
Vicky Chavarria
Mark Cheek
McKenna Chelini
Wanda Chiscolom
Jennifer Chisum
Joy Christian
Kimberly Christiansen
Claudia Clark
Nathan Clark
Lori Claussen
Amy Clay
Marilynn Cloud
Darcy Cluff
Elizabeth Cochran
Darcy Cole
Angelica Colindres
Maryann Collini
Sheila Collins
Maribel Condor-Gray
Crystal Conkin
Cheryl Conkin
Natasha Connelly
Michelle Conner
David Connolly
Sandra Connolly
Jennifer Conrad
Evelyn Conway
Jennifer Cook
Patricia Cooley
Kristen Cooper
Althea Cooper
Laura Copeland
Rodney Corbin
Courtney Corda
Emmanuel Cortez-Aguirre
Jordan Costanzo
Perla Countryman
Brittny Counts
Guy Cowart
Rebecca Cox
Candice Crapser
Laura Crawford
Nigel Crawford
Bonnie Crick
Jacqueline Cripe
Barbara Cromartie
Laurie Cruz
Susana Cruz Díaz
Chyrl Cully
Roxanne Curry
Kimberly Custodio
Deborah Daniels
Tara Danks
Joanna Dannmyer
Sonya Danner
Paula D’Annibale
Nola Davenport
Cynthia Davis
Julianne Davis
Victoria Davis
Holly Davis
Joan Davis
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Katherine Ellis
Jennifer Ellis

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SPIRIT CLUB MEMBERS CONT.

John Jolley
Melody Jones
Amanda Jones
Lisa Jones
Kathleen Jones
Frederick Jones
Richard Jones
Malci Jugariu
Kristine Juhola
Ana Jumalon
Ana Marie Jumalon
Charlot Juroshek
Fatmata Kanu
Teresa Katsares
Deanna Kallner
Kimberly Kavanagh
Daniel Kean III
Nicole Keele
Kirstin Keen
Cathy Keller
Brooke Kelly
Megan Kereks
Timothy Kerr
Patricia Kerr
Albert Kessinger
Christine Ketchum
Henry Kiernan
Kirstin King
Zachary Kinzer
Lauren Kippen
Melissa Kirby
Linda Kirch
Tonya Kish
Russell Kittrell
Patty Kleckner
Robin Kline
Elizabeth Klope
Molly Kneen
Nancy Koerner
Roxanne Kolata
Judy Kolman
Holly Koonko-Boegemann
Brandon Koob
Teko Koudjrakor
Laura Kraemer
Julie Kresl
Heidi Kriek
John Kromer
Arlene Kuehne
Janeen Kuenzi
Sanabah Kuyateh
Christina Kwiat-Reynoso
Tien La
Joyce La Master
Brandy LaComb
Allegra Lallamme
Anthony Latfen
Tami Laffnit
Melanie Laforteza
Danielle LaHaie
Scott Lamb
Naomi Land
Derrick Landis
Lori Lane
Roberta Laney
Casey Langley
Joy Lankford
Destani Larimer
Maurice Larimer
Eva Larios
Angie Latta
Melany Laughter
Larnisha Lavoll
Victoria Lawson
Briana Lawson-Whitlock
Rina Lazaga
Janet Lee
Jason Lee
Melanie Lee
Linda Lee
Jolene Lee
Joyce Lemon
Nasslynne Lenz
Maria Leon
Ann Lester
Kathleen LeVee
Page Lewis
Wendy Lewis
David Lewis
Nora Libo
Susan Lienhard
Eric Lintner
Richard Littrell
Reginald Lizeau
Cheryl Lofton
Kimberley Lohmuller
Claudia Long
Heidi Long
Patsy Longo
Stephanie Loome
Miriam Lopez
Zenaida Lopez
Amy Lourenco
Garn Loveland
Amy Loveless
Cynthia Lozano
Rhia Lumanog
Eva-Lynn Lund
Estela Luria
Michelle Lutz
Julie Lux-Bellmyer
Daniel Lyman
Abigail Lyman
Lori Lynch
Erin Mabey
Celia Madsen
Pearl Magallanes Meach
Racquel Magallanes-Zapanta
Amanda Mai
Kent Mallory
Natalya Malyugina
David Mangis
Ronda Manker
Kirk Mann
Tony Manninen
Tara Mankske
Charlotte Marcoe
Christine Markland
Elanna Markland
Debra Marks
Carmencita Marks
Erika Marquez Camargo
Kim Marsh
Neil Marshall
Cynthia Martin
Joey Martin
Jesse Martin
Gabriela Martinez
Maria Martinez
Erik Martinez-Contreras
Cindy Masariego
Emily Mattos
Charlie Matule
Kandice Mauch
Kathryn McCanna
Ronalee McCarthy
Bailey McConnell
Jacqueline Connnachie
Heidi McCullough
Regina McDaniel
Kristen McDavitt
Gordon McDonald
Shante McDonald
Tarysa McDonnell
Velda McFarlin
Johnny McGee
Brittany McGill
Susie Mc Gillarroy
Peggy McGraw
Jessica Mcintosh
Kelsey McIntyre
Mer Mcintyre
Tabetha McKee
Nikki McKinney
Teeshah McKinnis
Jamie Mckirdy
Toni Mckoy
Aysha Mclucas
Carman Meade
Sarah Medlock
Deanna Memolo
Thomas Mendoza
Holti Mercer
Winfred Meridith
Marie Merzier
Rodolfo Metz-Lago
Laura Meyerson
Kari Miler
Jennifer Millay
Ivy Miller
Richard Miller
Scott Miller
Ruth Miller
Gina Minyard
Terri Mireles
Marissa Mitchell
Christine Mize
Lauren Monsen-Kelly
Kimberly Montoy
Angela Montoya
Jodi Montoya
Julia Moody-Warren
Jose Moo-May
Dina Moore
Kathleen Moore
Ruthella Moore
Wayona Moore-Edwards
Kimberly Morales
Dalona Morgan
Deirdra Morgan
Eileen Morgenstern
Haylee Morita
Donald Morris
Barbara Morrison
Kari Morrison
Cheyenne Morton
Lauren Mosbrucker
Michelle Mote
Eri Mueller
Margaret Mulligan
Ricardo Mungarro
Elisandro Mungua-Diaz
Maria Norma Munoz
Kelsie Muntz
Patrick Murphy
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**SPIRIT CLUB MEMBERS CONT.**

<table>
<thead>
<tr>
<th>Individual Donor</th>
<th>Vital Volunteer</th>
<th>Spirit Club</th>
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<td>Jassir Velez Herrera</td>
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<td>Soledad Velazquez</td>
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</table>

**Everyday Hero**

Ordinary people doing extraordinary things in service to others and their community.

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