

YEAR 2014 Connections

VITAL LIFE FOUNDATION ANNUAL REPORT



LETTER FROM THE BOARD

For the Vital Life Foundation, 2014 was a year of connections of strengthening the bonds to our communities and charitable partners in innovative ways.

It was about action and impact, cause and effect. Nurturing these connections kept us true to our mission, and added meaning to the lives of those living and working in long-term care.

The year's highlights were many—an inspiring array of lifechanging moments.

Intergenerational activities with Friends of the Children. Residents and staff making strides toward health and wellness on behalf of the American Heart Association. Seniors serving seniors through Meals on Wheels, and comedy supporting the Alzheimer's Association at our annual "Laughter is the Best Medicine" benefit.

We created bucket list memories through the New Chapters program, and partnered with Wish of a Lifetime to honor our veterans. The Foundation's matching gift program doubled the impact of Vital Volunteers and Spirit Club members.

Each of these connections, along with a myriad more, was made possible by the commitment and generosity of people like you business partners and friends of Vital Life who have experienced first-hand the rewards of enhancing vitality and purpose in the lives of seniors.

You support the Foundation because you believe in what can happen through the transforming power of connection. And we thank you.

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Angie Fogg, Chairþerson Charles Bloom, Vice-Chair Staci Tone, Treasurer Jennifer Hoffer, Secretary Ann Adrian, Executive Director Kathy LeVee, Director Dale Glasser, Director Victor Kisch, Director Phil Fogg, Director Steve Fogg, Director Julie Kresl, Director We are the music makers and the dreamers of dreams.

– A. O'Shaughnessy

FINANCIALS

REVENUE

Spirit Club	\$136,635
Marquis Companies	\$148,185
Events & Fundraising	\$574,669
Grants	\$1,000
In-kind	\$4,713
Miscellaneous	\$ 13,516
TOTAL	\$878,718

CHARITABLE BENEFICIARIES

Medical Teams International	\$27,000
American Heart Association	\$10,186
Jessie F Richardson Foundation	\$10,000
Children's Cancer Association	\$10,000
American Cancer Society	\$10,000
Leukemia & Lymphoma Society	\$5,000
United Cerebral Palsy	\$5,000
Albertina Kerr	\$5,000
Susan G Komen\$1,050	

TOTAL

\$84,048

EXPENSES

Charitable Partners	\$300,023
Charitable Beneficiaries	\$ 84,048
Fundraising	\$208,071
Vital Volunteers	\$30,116
Backpack to School	\$58,998
Scholarship	\$2,500
Miscellaneous	\$1,513
Administrative & General	\$109,880
TOTAL	\$795,148

CHARITABLE PARTNERS

Ronald McDonald House Charities	\$70,000
Friends of the Children	\$70,000
Wish of a Lifetime	\$60,000
Meals on Wheels People	\$50,000
Alzheimer's Association	\$50,022
TOTAL	\$300,022

2014 HIGHLIGHTS

ALZHEIMER'S WALK GETS PERSONAL

Even in the crowd of thousands at the Walk to End Alzheimer's in Portland, Oregon, you couldn't miss the dozens of bright pink shirts, with the words "It's Personal" stenciled in bold purple letters.

For the group from Marquis Hope Village, the cause hit particularly close to home. The shirts were in honor of Vicki, a co-worker who had recently died of the debilitating and still incurable disease.

Vital Life gave \$50,000 to the Alzheimer's Association in 2014, and the annual Walks inspire substantial participation from Marquis and Consonus in five states. But to walk for a friend, someone known as "a champion of the residents," made the cause even more vivid—and urgent.

"Thank you for loving and supporting her," said Vicki's daughter, one of several family members also wearing "It's Personal" shirts that day. "I wish she could have been here to see it." And somehow, it seemed like she was.

JOURNEY OF HEROES HONORS GREATEST GENERATION

The partnership between Vital Life and Jeremy Bloom's Wish of a Lifetime continues to create rich, bucket-list experiences for some of our nation's greatest heroes.

In 2014, eight World War II veterans and their caregivers traveled all expenses paid to Washington, D.C., to see the memorials created in their honor. For three of them, the trip wouldn't have happened without serendipitous Vital Life partnership connections.

Lloyd found out about the opportunity through his volunteer work with Meals on Wheels, and a chance meeting at a Spirit of '45 celebration jointly sponsored by the Foundation and Providence Home Services helped make the dream come true for Ed and Dale.

Julia, a resident at Marquis Springfield, felt a different kind of connection on the trip—a bond with all the women who had served. "I'm not the hero," she told a grateful stranger. "The heroes are those who died so we could have freedom."



Life is too short for halfhearted connections and meaningless run-throughs. — Karen Kingsbury

BASH CELEBRATES CONNECTIONS— AND SETS FUNDRAISING RECORD

The 2014 Bridgetown Bash was a celebration of connections. A record \$528,000 was raised at the annual extravaganza—more than half of Vital Life's annual budget.

The landmark event was attended by 549 people, and 139 of those lifted the Foundation by simply lifting their hands—the paddle raise alone netted almost \$133,000.

Corporate sponsors who donated \$5,000 or more enjoyed a special VIP reception, including the opportunity to meet beloved Blazer basketball great Jerome Kersey and former NFL star Jeremy Bloom, founder of Vital Life partner Wish of a Lifetime.

Exciting as it all was, the night wasn't really about the dazzling Pearl District setting, or being part of the party of the year. It was about loyalty, love and generosity toward causes that enhance meaning for residents and staff. It was about connections, and a Foundation that wouldn't exist without them.

OUTDOOR SPACES REIMAGINED FOR FAMILIES WITH SERIOUSLY ILL CHILDREN

Thanks to a Vital Life donation of \$70,000 and a web of community connections, what started as a small-scale project to help revitalize the playground area at the Ronald McDonald East House in Portland has become a total reimagining of its outdoor spaces.

The transformation of the grounds is scheduled to include a family gathering place, play structures for all abilities, an outdoor kitchen, amphitheater and other dramatic improvements.

"One thing just led to another," says Scott Miller, director of property development at Marquis. He shared the vision with long-time business associates at CBTwo, Crystal Greens, Smith & Green Company, Columbia Roofing and Emerio Design, who were eager to be part of the project and have donated substantial time.

"I didn't have to make a sales pitch," Miller says. "Once you understand the need, and the services being provided to families in very trying circumstances, it's just the right thing to do."

MEALS ON WHEELS WELCOMES LUNCHTIME CONNECTIONS

For the elderly, mealtimes can be lonely times, but residents and staff from several of Marquis' Portland-area assisted living facilities are working with Vital Life partner Meals on Wheels to change that—and making meaning in their own lives as well.

Whether creating colorful crafts and flower arrangements for delivery, or actually bringing some sparkling conversation to local Meals centers at lunchtime, they brighten the days of seniors who are often in isolation.

"We're feeling a deeper sense of connection with Vital Life than ever before," says corporate relations manager Marcie Kessel. In addition to the \$50,000 the Foundation donated, she's especially appreciative of those who help deliver meals to local homes, serve on steering committees or take shifts handing out Donate Dinner cards in grocery stores.

The partnership is a year-round effort, and Marcie sees something special in those who serve. "They genuinely enjoy seniors, and it shows."

VITAL VOLUNTEER MAKES A DIFFERENCE—ONE BAGEL AT A TIME

Every time he sells a bagel, he knows he's making a difference. And no one sells bagels better than Brent. A Vital Volunteer at Marquis Plum Ridge in Klamath Falls, Ore., he's been giving his time for 19 years—since even before he was a resident.

Though diabetes has taken a toll and he's now a double amputee, Brent wheels around the building every morning in his motorized wheelchair, taking bagel orders from staff, residents and guests and delivering them personally the next day.

His all-time best is 59 bagel sales in one day—a record he's determined to break and so far this year, he's already donated 75 hours. Along with the efforts of fellow volunteers and matching funds from Vital Life, more than \$4,000 has been contributed to the American Cancer Society's Relay for Life.

[&]quot;I just like to help people," Brent says. "I'm a happy person."

SENIORS AND CHILDREN MAKE MEMORIES—AND A MESS

With craft supplies strewn across tables and hands covered with glue, more than a dozen children huddled close with elderly residents at Marquis Mt. Tabor in December, gleefully making holiday ornaments together.

Assisted by the horticultural therapist, items harvested from the facility garden were incorporated into the creations. The task complete, they all had a snack together.

Intergenerational interactions are the essence of the Foundation's partnership with Friends of the Children, and everybody wins. For the kids, it's a chance to creatively express themselves and learn to appreciate seniors. For residents, it triggers positive memories and contributes to feelings of self-worth.

"Many of these children come from chaotic environments," says Friends team leader Andrew Baldwin. "Through Vital Life, they get to be around positive adults in a safe place."

In addition to making future such events possible, a \$70,000 Foundation donation is helping fund a much-needed expansion at Friends' East County location.

IN THE SPIRIT OF SPIRIT CLUB

When Tara, a nurse at Marquis Wilsonville, first signed up to make a regular monthly donation to Vital Life through Spirit Club, she really didn't know what it meant—or what difference it even made.

Then she took a Journey of Heroes trip with Richard, a World War II veteran, and saw the impact first-hand. Now she wants to tell everyone she sees how important it is.

Tara and 1,089 colleagues across Marquis and Consonus donated \$136,635 in 2014, helping create opportunities for residents and staff to engage in meaningful ways with the Foundation's partner charities.

"They helped make my dream come true," says Richard. "It's something I'll never forget."

LIFE, WELL LIVED.

Giving back to the community has always been a significant part of the Marquis Companies and Consonus Healthcare philosophy. Bringing the causes we support to the forefront is important to us, and that's why we've formed the Vital Life Foundation. The foundation is the vehicle for our commitment to supporting youth, wellness, education, families, women, and seniors.

Connected through memory, purpose & time.

vitalifefoundation.org A MARQUIS AND CONSONUS FOUNDATION

Life is too short for halfhearted connections and meaningless run-throughs. — Karen Kingsbury

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